

Teladoc Health™ Xpress™ Quick Reference Guide

Operating the Xpress

Directional Microphone

Touch Screen Display

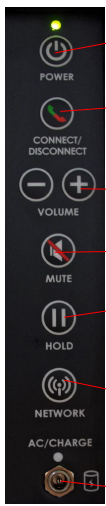
Camera

Speaker

When the provider is logged in, their video feed and username is displayed. Otherwise, a screensaver will be seen on the screen.



Tap the screen (out of sessions) to access the toolbar, including Camera Preview, Settings, and Diagnostic Information (device status, battery charge, wireless signal quality, and other info). In-session controls are also available on the touch screen.



Power (ON/OFF)

Connect/
Disconnect

Volume Control

Mute

Press HOLD to stop receiving the video feed from the Xpress camera.

Press NETWORK to select from wireless networks using the touch Screen Display

Power Connector

Viewfinder



Xpress User Guide

Scan the QR Code with your smart phone to access the Xpress User Guide.

Installing the Battery and Charging

1. Slide the latch to unlock and open the battery door as shown.
2. Pull the tab to remove the battery.
3. Install the charged battery with the tab exposed.
4. Slide the latch to close the battery door. Plug the Xpress AC/DC power adapter into a standard, grounded 120 Volt AC outlet to charge the device.

NOTE: The Xpress battery can be changed while in session if the Xpress is connected to an AC power supply with the provided power adapter.



Allow the Xpress to charge initially for at least 5 hours to reach a full charge. Other than charging the batteries, no user maintenance of the batteries is required.

- The battery can last approximately 3 hours on a full charge. The Xpress will not run if the battery charge is less than 20%.
- The system will charge to 20% from 85% in 4.25 hours.
- The system will charge to 20% from 100% in 5 hours.

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Adjusting the Xpress Mounting Arm

1. Secure the arm clamp to an appropriate support.
2. Hold the platform (or Xpress handle) and unlock the Lock Release Lever to set the location of the mounting platform. The mounting platform should be parallel to the ground for best results.

CAUTION: When the Lock Release Lever is unlocked, all three pivot points are freed to move. Support the Xpress with its handle when repositioning so that it does not fall.


3. Lock the release lever.

WARNINGS:





- To reduce the risk of injury, do not extend the mounting arm platform further than 10 inches (25.4 cm) from the base mounting point.
- To prevent the possibility of injury, do not secure the Xpress Mounting Arm to any support structure within 36 inches (91.4 cm) of a patient's head or critical areas.

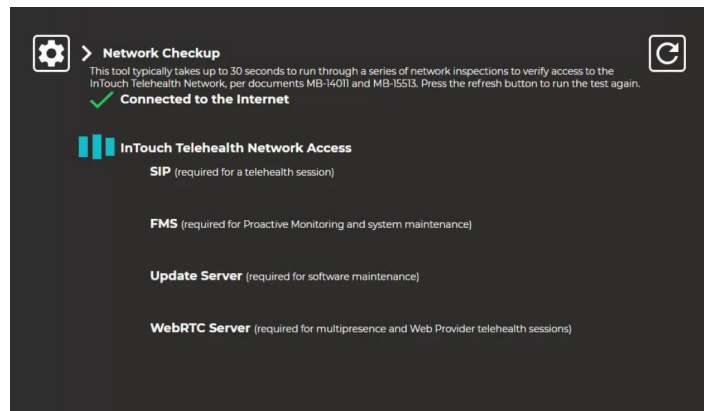
Device Network Checkup

The Network Checkup screen runs and displays the results of a test of the device's current network connection.



Tap Settings  > Network Checkup  to run the Network Checkup.

Xpress On Screen Navigation

Icon	Function
	Tap to preview any of the cameras connected to the device.
	Tap to open device settings.
	Tap to open the device's User Guide.
	Tap to display information about the Xpress.



Xpress Cleaning Mode

Tap Settings  > Cleaning Mode  to disable the screen for 30-seconds to allow for cleaning.

NOTE: See the Xpress User Guide for approved cleaners.

